



ThriveTalk

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Made with several pantry items
making this great for your
quick & easy recipe collection



Egg Drop Soup

Serves 1

INGREDIENTS

- 1/2 tbsp TL Egg Powder + 3 tbsp water (equals 1 1/2 eggs)
- 2 cups water
- 2 tsp TL Vegetarian Chicken Bouillon
- 1/2 tbsp soy sauce
- 1/2 tsp ground ginger
- 1/8 tsp each garlic powder & onion powder
- Pinch of red pepper flakes
- 1 tbsp cornstarch
- 1/4 tsp sesame oil
- 1/4 cup TL FD Sausage Crumbles
- 1/8 cup TL FD Green Onions
- Salt & pepper to taste
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NOTES:

DIRECTIONS

1. Mix the egg powder with 3 tbsp water and set aside.
2. Add 2 cups of cold water to a pot and add all other ingredients except the green onions and salt and pepper.
3. Bring to a boil, then quickly turn off heat. Stir soup in a circular motion quickly while pouring in the egg in a thin stream. Egg ribbon or blossoms may appear as you do this.
4. Add Green onions and salt/pepper to taste.
5. Serve warm and enjoy!

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FD = Freeze dried DH = Dehydrated TL = Thrive Life MIJ = Meal in a Jar HSC = Home Storage Center